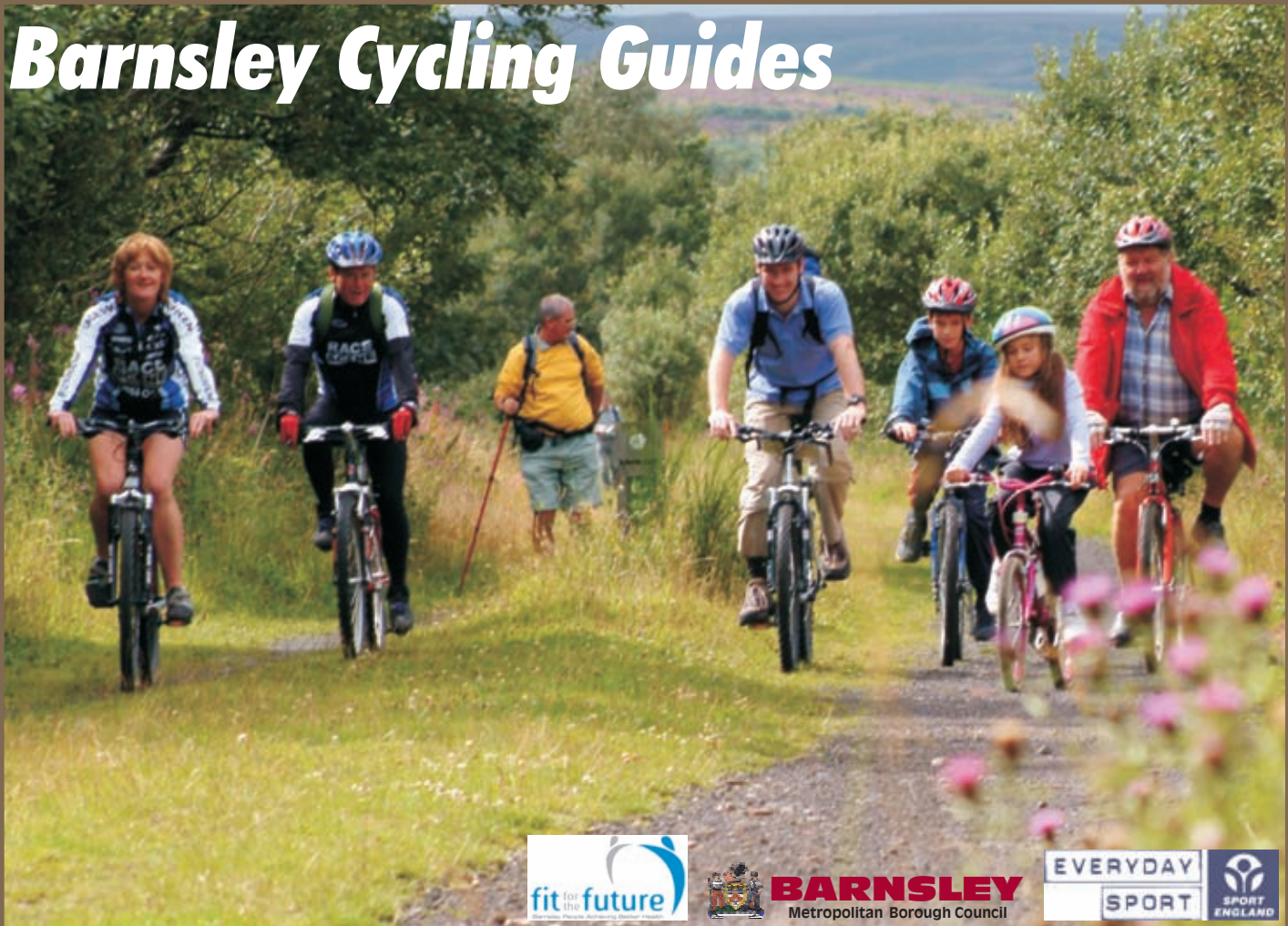


Barnsley Cycling Guides

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BARNSELY
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Barnsley Cycling Guides

Welcome to the first edition of the Barnsley Cycling Guides. In this pack you will find introductory pages about cycling, guides to six cycle rides spread across Barnsley borough, and an index showing the location of each ride.

Each guide has a map and a route description with details of the distance, grade of difficulty and approximate time needed to complete the ride. Some local visitor attractions and points of interest are also identified along the routes.

How to get there:

You may be able to take your bicycle on the train; for further information on this and other services please contact National Rail Enquiries Tel 08457 484950. If you use a car, please use car parks wherever possible, and be considerate of others when parking elsewhere.

Equipment and safety:

To protect your head, always wear a cycle helmet; preferably one marked with a recognised safety standard.

Always check that your cycle is in good working order before starting your ride. We recommend you carry a puncture repair kit, spare inner-tube, air pump, tyre levers, adjustable spanner and allen keys.

Clothing and footwear:

Some sections can have wet, muddy or uneven ground, so please choose appropriate clothing and footwear.

Produced by:

BMBC Planning & Transportation
BMBC Culture, Sport & Tourism
Fit for the Future, and
Members of the Birdwell Wheelers

Information in this pack can be made available in large print. The routes are being assessed for mobility and sensory impaired users. For further information please contact BMBC Planning and Transportation Service on 01226 772655.



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Did you know?

Physical activity not only contributes to well-being but is also essential for good health. Becoming more physically active improves health from childhood through to old age. Regular exercise helps you feel fit, relaxed and gives you more energy. It also helps protect you against heart problems, high blood pressure, diabetes, obesity and depression.

Cycling is one of the most effective forms of exercise there is and can be enjoyed by people of all ages and abilities. After just a few weeks exercise you will start feeling fitter and healthier.

For more ideas on becoming more active visit Sport England's Everyday Sport website: www.everydaysport.com

For more information on sports and activities in Barnsley visit the Barnsley Sport and Activity Forum website: www.bsaf.org.uk

For more information on how Barnsley people can achieve better health visit the Barnsley Fit for the Future website: www.barnsleyfit4thefuture.co.uk

For more information on ways to stay fit and healthy visit the British Heart Foundation website: www.bhf.org.uk



The Trans Pennine Trail

The Trans Pennine Trail is a coast to coast route across northern England for walkers, cyclists and horse riders. It is mainly traffic free and family friendly and its easy gradients and surfaced paths make much of the Trail suitable for people using wheelchairs and pushchairs.

The Trail links the ports of Liverpool and Hull with connections to the seaside resorts of Southport and Hornsea. It also links towns and cities across the north of England, including Manchester, Leeds, Wakefield, Barnsley, and Sheffield.

The Trans Pennine Trail in Barnsley

Pennine Barnsley is the area where sections of the Trail come together from the north, south, east and west making it an ideal recreational base.

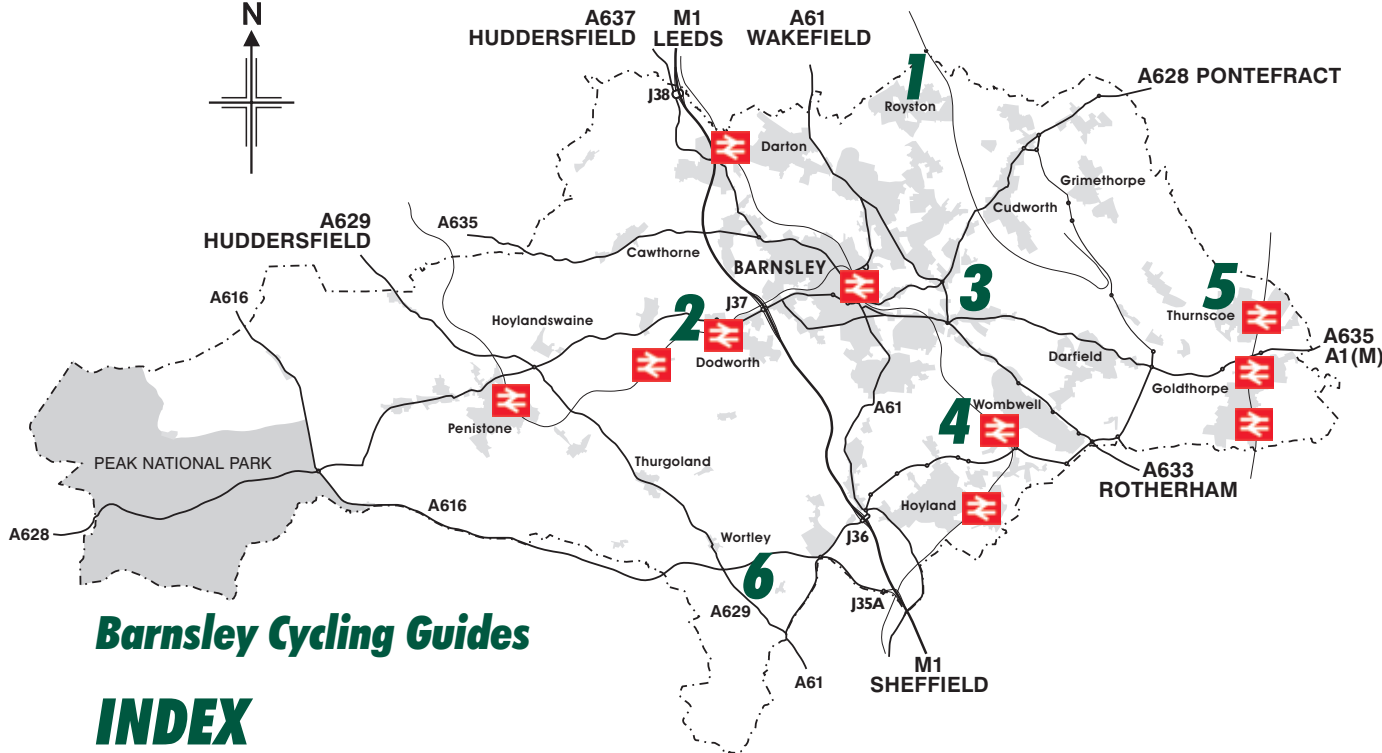
The landscape has a natural beauty; from the heather moors of Langsett, through the quaint village of Silkstone to the exciting wetlands of the lower Don valley.

The uniqueness of the Trail in Barnsley is that it provides access to the north and south sections and can be explored as a circular route through the heart of the South Yorkshire Forest.

There are a number of Country Parks that offer routes for cyclists that are accessible from the Trans Pennine Trail. These include:- **Dearne Valley Park**, Barnsley; **Elsecar Park**, and **Worsbrough Mill and Country Park**.

For more information on the Trans Pennine Trail please contact the Trans Pennine Trail Officer Tel 01226 772005 or visit the website: www.transpenninetrail.org.uk





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Cycling Guide 1

ROYSTON & NOTTON GRANGE

Starting Point: Station Road, Royston.

Distance: 3.8 miles (6.2 km).

Grade of difficulty: Easy.

Time: Allow yourself 30-40 mins.



Trans Pennine Trail/ Disused Barnsley Canal

1 Start opposite Royston Police Station on Station Road and go down Warren Walk along a cycleway between the Royston Comprehensive School playing fields. **2** Carry on across the top of Milgate Street. **3** Turn right down Victoria Road towards Midland Road. **4** Cross the road (with care) into Park View; go down the hill to Church Hill. **5** Turn left, go along Church Hill and continue past Meadow Road; after a short distance turn left through the 'A' frame barrier to go along the canal towpath. **6** Cross Midland Road (with care) and look out for the Interpretation board next to the roadside. Continue along the canal towpath going past Whincover (*this area was a canal basin where coal was loaded from Monkton Collieries*). **7** Go through an 'A' frame and down across the end of the canal, follow the track through to another 'A' frame and continue on to Notton Lane at Old Royston. **8** Go through the barrier and turn left down Notton Lane (with care) and be aware of traffic. **9** At the 'Oliver Twist PH' crossroads, turn left along Bleakley Lane. **10** At the junction with Summer Lane, where the old railway abutments are, turn left onto Station Road. Continue along until you arrive back at the Police Station, the start of your ride.

Information in this cycling guide can be made available in large print. This route is being assessed for mobility and sensory impaired users. For further information please contact BMBC Planning and Transportation Service on 01226 772655.



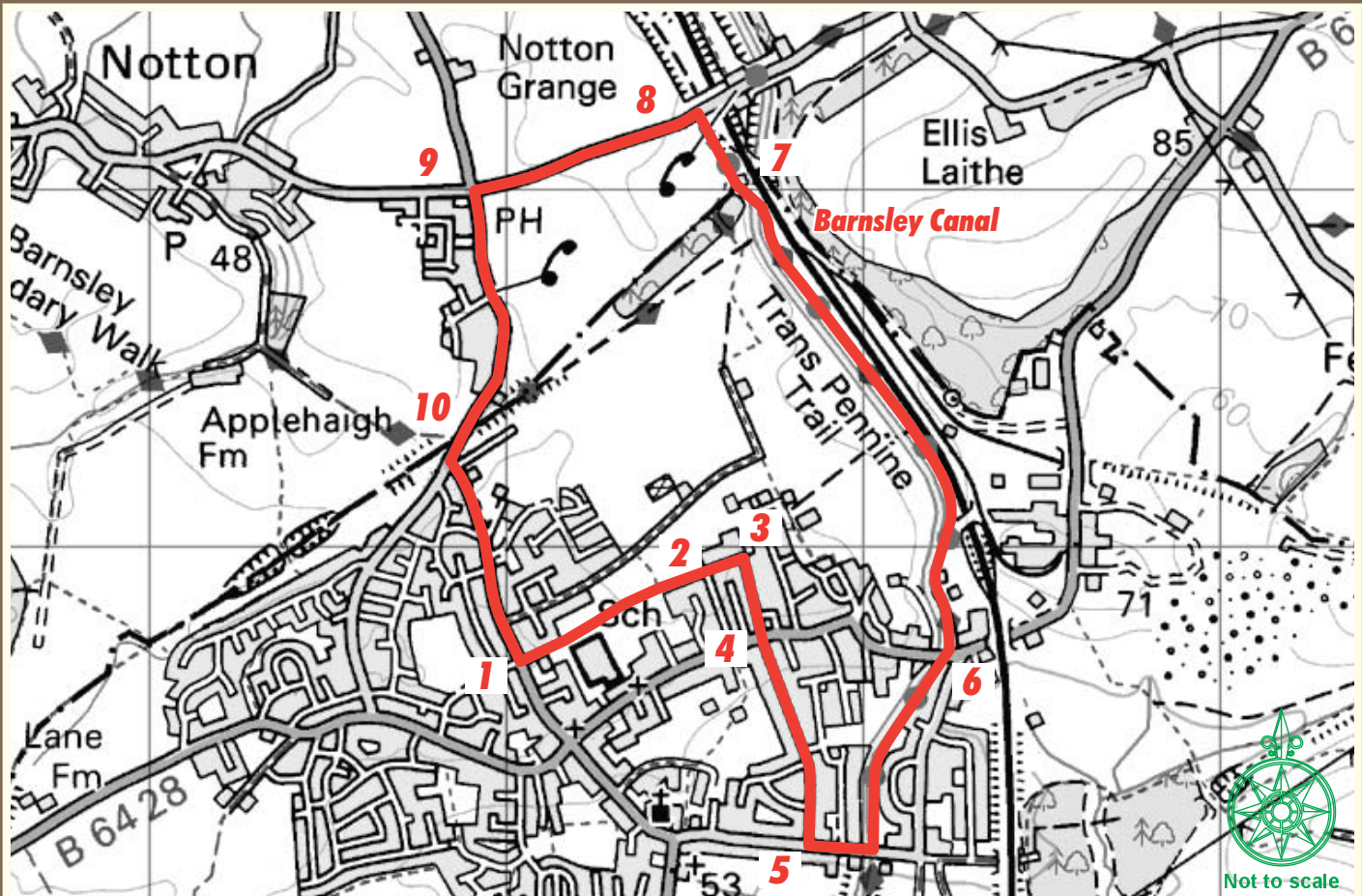
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Cycling Guide 2

DODWORTH & SILKSTONE

Starting Point: Higham Lane, Dodworth.

Distance: 9.2 miles (14.8 km).

Grade of difficulty: Moderate/Challenging.

Time: Allow yourself 120-130 mins.



Silkstone Wagonway 1809

Information in this cycling guide can be made available in large print. This route is being assessed for mobility and sensory impaired users.

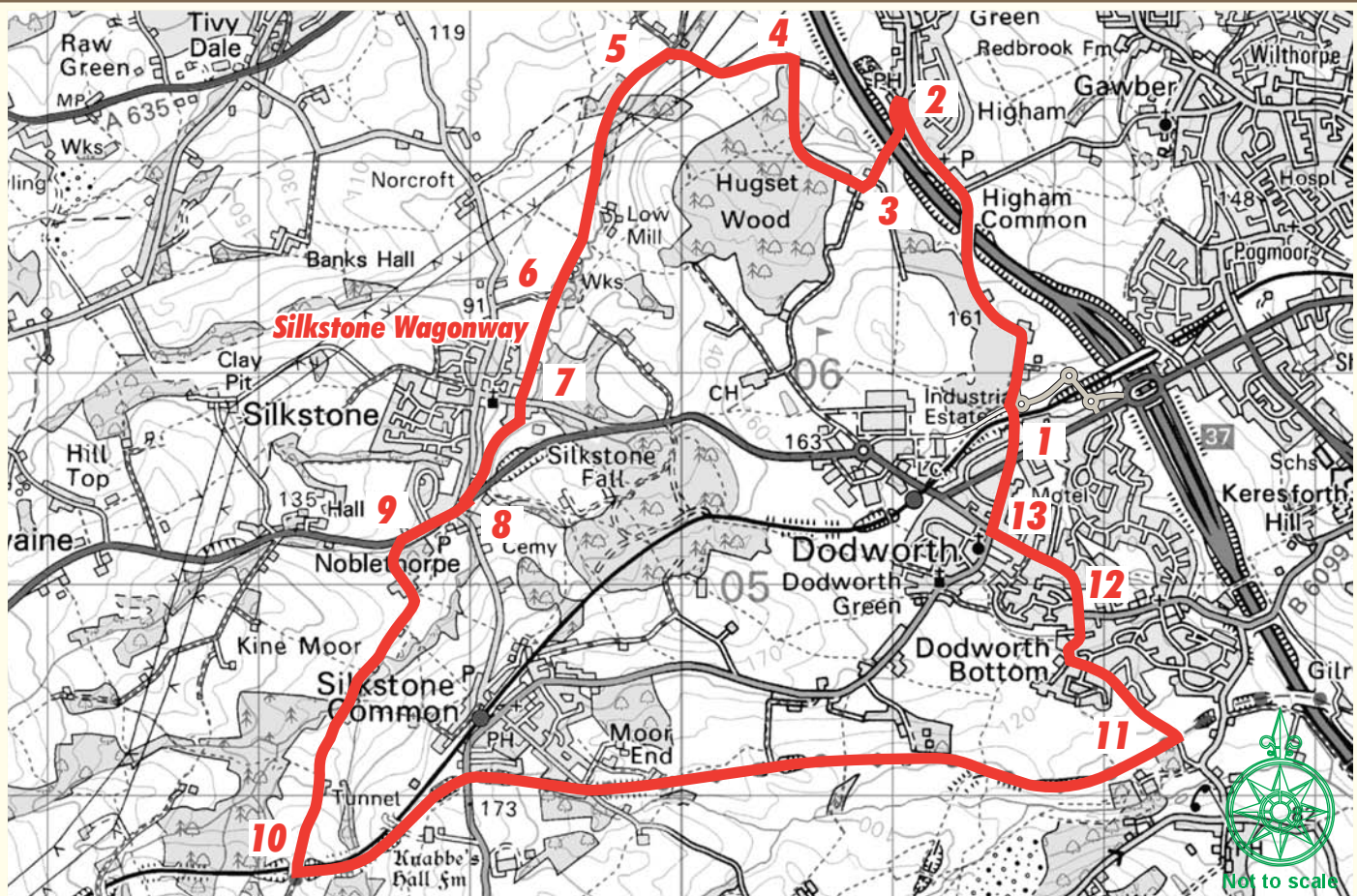
For further information please contact BMBC Planning and Transportation Service on 01226 772655.

- 1 Start in Higham Lane, Dodworth. Go under the railway bridge and uphill, then over the M1 Motorway into Higham.
- 2 At the 'Engineers Arms PH' turn left into Pog Well Lane, go down hill and under the Motorway.
- 3 At Oak Cottage turn right along track down hill to Royd Lane.
- 4 At the junction turn left, go over a small bridge uphill along the bridleway. Go straight on when joining wider track.
- 5 At Beechwood (house) turn left and continue on passing Low Mill Farm.
- 6 After the Sewage Works fork left onto the narrower track. Pass a sign on wall 'Silkstone Wagonway 1809'.
- 7 At the road, cross straight over and continue on bridleway to the 'Ring O' Bells PH' in Silkstone.
- 8 Turn left onto High Street, then turn right (with care) onto the A628 Barnsley Road.
- 9 Turn left into Blacker Green Lane. Go uphill on tarmac lane and continue straight on when reaching unsurfaced road. Go uphill then over a double railway bridge.
- 10 Turn left onto the Trans Pennine Trail/ Dove Valley Trail for 2.7 miles.
- 11 At the 'Wentworth Castle' sign, turn left uphill towards Dodworth Bottom; continue on Smithy Wood Lane to join Stainborough Road.
- 12 Turn left on to the B6099 High Street.
- 13 Turn right on to the B6449 Barnsley Road, then straight on at the crossroads (Mitchelson Avenue) and back to the start of your ride.

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Cycling Guide 3

CUDWORTH & WORSBROUGH

Starting Point: Carrs Lane, Cudworth.

Distance: 12.8 miles (20.6 km).

Grade of difficulty: Easy

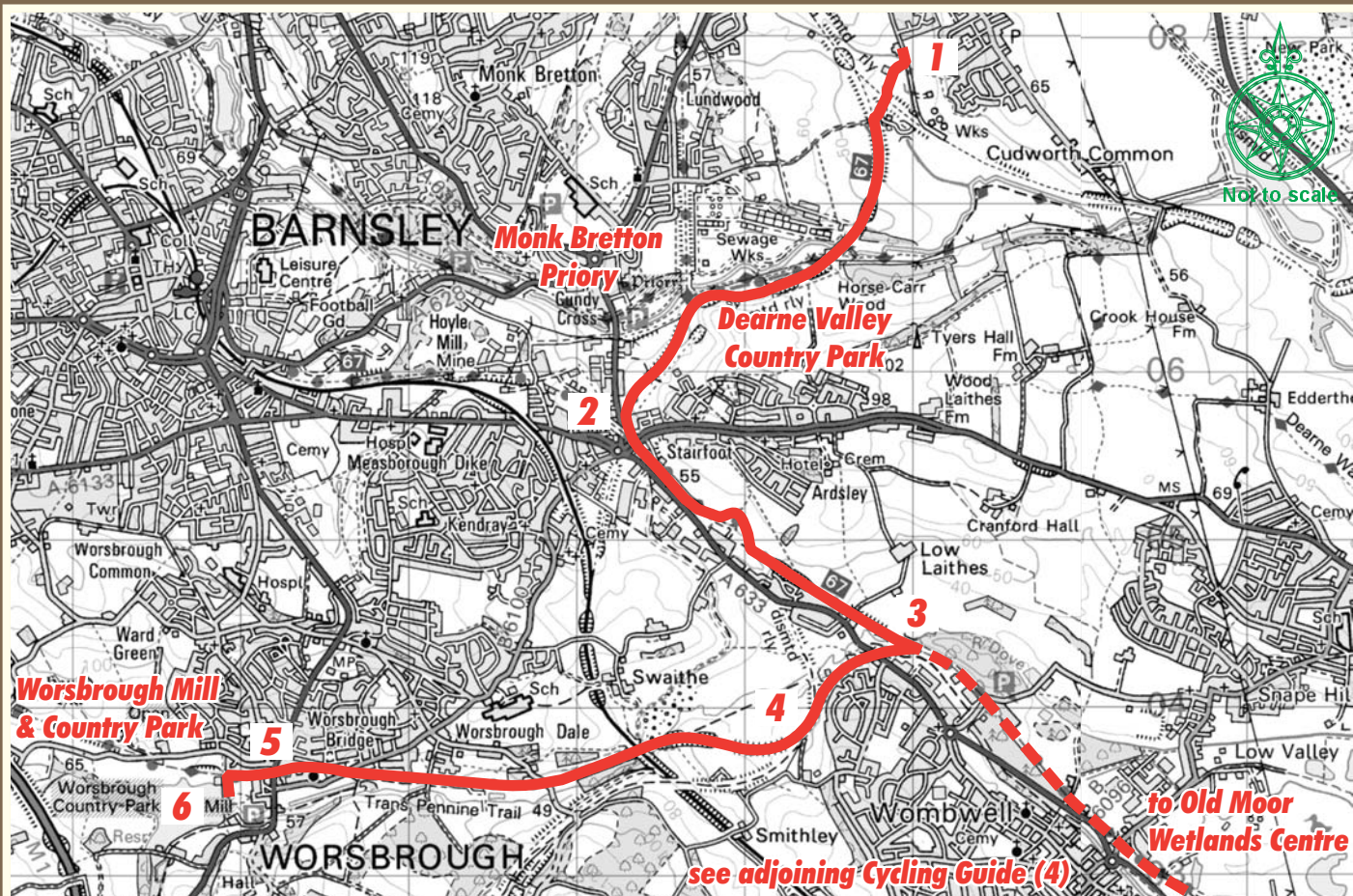
Time: Allow yourself 120-130 mins.



Worsbrough Mill

Information in this cycling guide can be made available in large print. This route is being assessed for mobility and sensory impaired users. For further information please contact BMBC Planning and Transportation Service on 01226 772655.

1 Start from Ring Farm (Police Stables), Carrs Lane, Cudworth. Going out of Cudworth keep right at the first fork going under the old bridge and up the stony track to the Trans Pennine Trail (TPT) barrier. Go through the barrier and along the tarmac Trail to Stairfoot. **2** Cross the A635 Doncaster Road (with care) and go up the ramp; follow the Trail to the next TPT sign at Aldham (signposted 'Worsbrough 2.5m'). **3** Turn sharp right back onto the Dove Valley Trail; cross the bridge over Barnsley Road and continue on to a fork in the trail. **4** Keep right (signposted 'Silkstone Common') following the Trail to the cyclists controlled lights on the A61 Park Road, Worsbrough Bridge. **5** Cross the road (with care) and rejoin the Trail opposite until you reach a sign close to the bridge (signposted 'Worsbrough Mill'). Left through the barrier and down the track to Worsbrough Mill. **6** Return to Cudworth by the same route back to the start of your ride.



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Cycling Guide 4

WORSBROUGH, OLD MOOR & ELSECAR

Starting Point: Worsbrough Mill,
Worsbrough Bridge.

Distance: 15.6 miles (25.0 km).

Grade of difficulty: Easy.

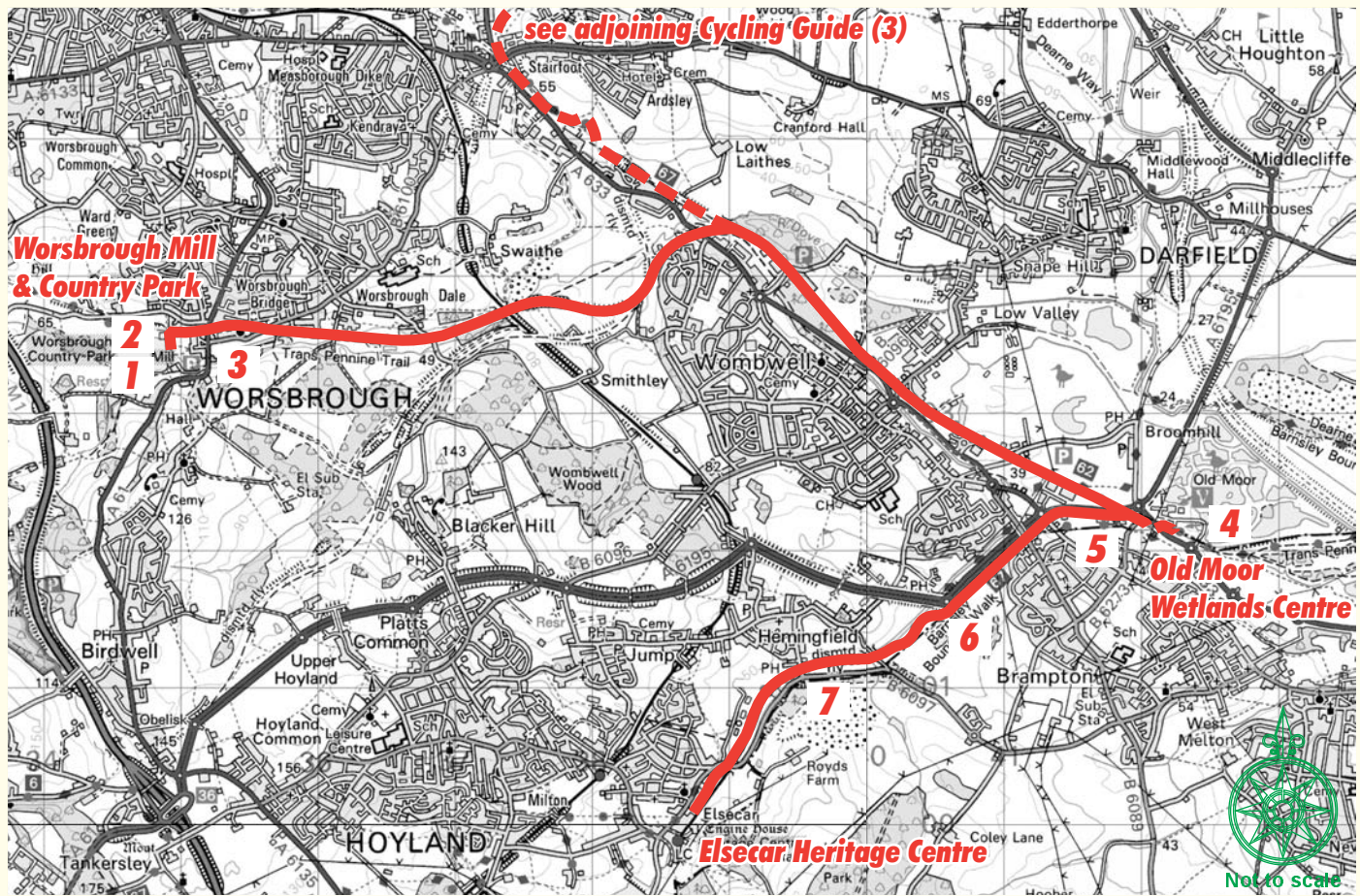
Time: Allow yourself 150-160 mins.



Old Moor Wetlands Centre

Information in this cycling guide can be made available in large print. This route is being assessed for mobility and sensory impaired users. For further information please contact BMBC Planning and Transportation Service on 01226 772655.

1 Start from Worsbrough Mill car park, Worsbrough Bridge and go towards Worsbrough Mill. Go past the right side of the Field Study Centre; at a gate turn right and go over two stone bridges. After the second bridge, turn left onto a track and continue on to a steel gate/ 'A' frame barrier. **2** Turn right onto the Trans Pennine Trail (TPT). **3** Cross (with care) the A61 Park Road at the cyclist controlled lights. Stay on the Trail for 5.2 miles (crossing the bridge over Barnsley Road at Aldham) to the Old Moor Wetlands Centre. **4** From the Wetlands Centre, retrace the route for a short distance back to the TPT sign at a fork in the Trail (signposted 'Elsecar/ Gypsy Marsh') near the bridges. **5** Turn left at the fork following the track crossing busy roads (with care) to Corton Wood. **6** Keep to the left track until you reach the Dearne and Dove Canal. Continue along the canal towpath under Smithy Bridge Lane bridge. **7** At Tingle Bridge Lane go up the steps or round by the ramp to cross the road and rejoin the Trail. Cross Wath Road (with care) and continue along the Trail to the Elsecar Heritage Centre. Return to Worsbrough Mill by the same route back to the start of your ride.



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Cycling Guide 5

THURNSCOE, CLAYTON & GT.HOUGHTON

Starting Point: Station Road,
Thurnscoe.

Distance: 7.2 miles (11.7 km).

Grade of difficulty: Easy/Moderate.

Time: Allow yourself 70-80 mins.

- 1 Start from the Railway Station car park Thurnscoe, turn right on to Station Road and go under the railway bridge.
- 2 Turn right into Hollybush Drive (signposted 'No Through Road'), go past 'The Thurnscoe Centre' (GP Surgeries). Follow the metal fence at the side of the railway, and continue straight on when reaching the bridleway.
- 3 Right over the bridge, then left at the side of the railway to the track crossing the field diagonally. Follow the bridleway to the junction of Stotfold Road.
- 4 Left, along Stotfold Road back over the railway to the road by the Police House.
- 5 Left uphill and into Clayton Village keeping left along Churchfield Road.
- 6 Down Clayton Lane to the B6411 (Houghton Road).
- 7 Right (with care) to Great Houghton Welfare Hall.
- 8 Right along High Street, past the 'Old Hall Inn' to Church Street.
- 9 Turn left past the old Chapel along a tarmac then stony lane (Chapel Lane).
- 10 Turn left along the bridleway adjoining the golf course to the B6273 (Rotherham Road).
- 11 Turn right then left through the gap in the green fencing along the old railway track towards Goldthorpe to the red barrier.
- 12 Left and immediately right onto Pagnell Avenue, following the road round to Billingley Drive.
- 13 Right along High Street.
- 14 Left along Shepherd Lane to Station Road, back to the start of your ride.

Clayton Village Pond

Information in this cycling guide can be made available in large print. This route is being assessed for mobility and sensory impaired users.
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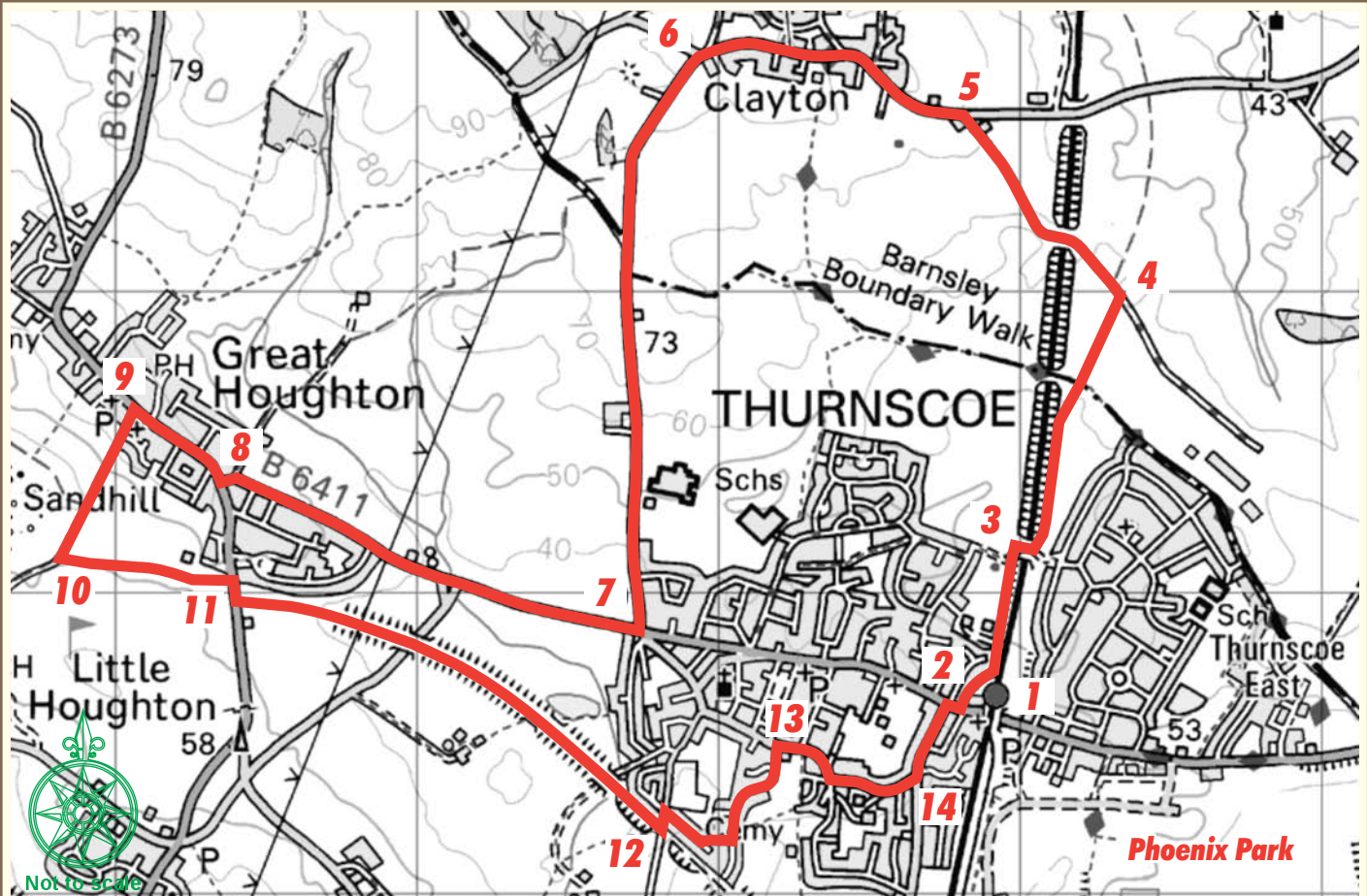
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Cycling Guide 6

WORTLEY & HOWBROOK

Starting Point: Park Avenue,
Wortley.

Distance: 5.8 miles (9.3 km).

Grade of difficulty: Easy/Moderate.

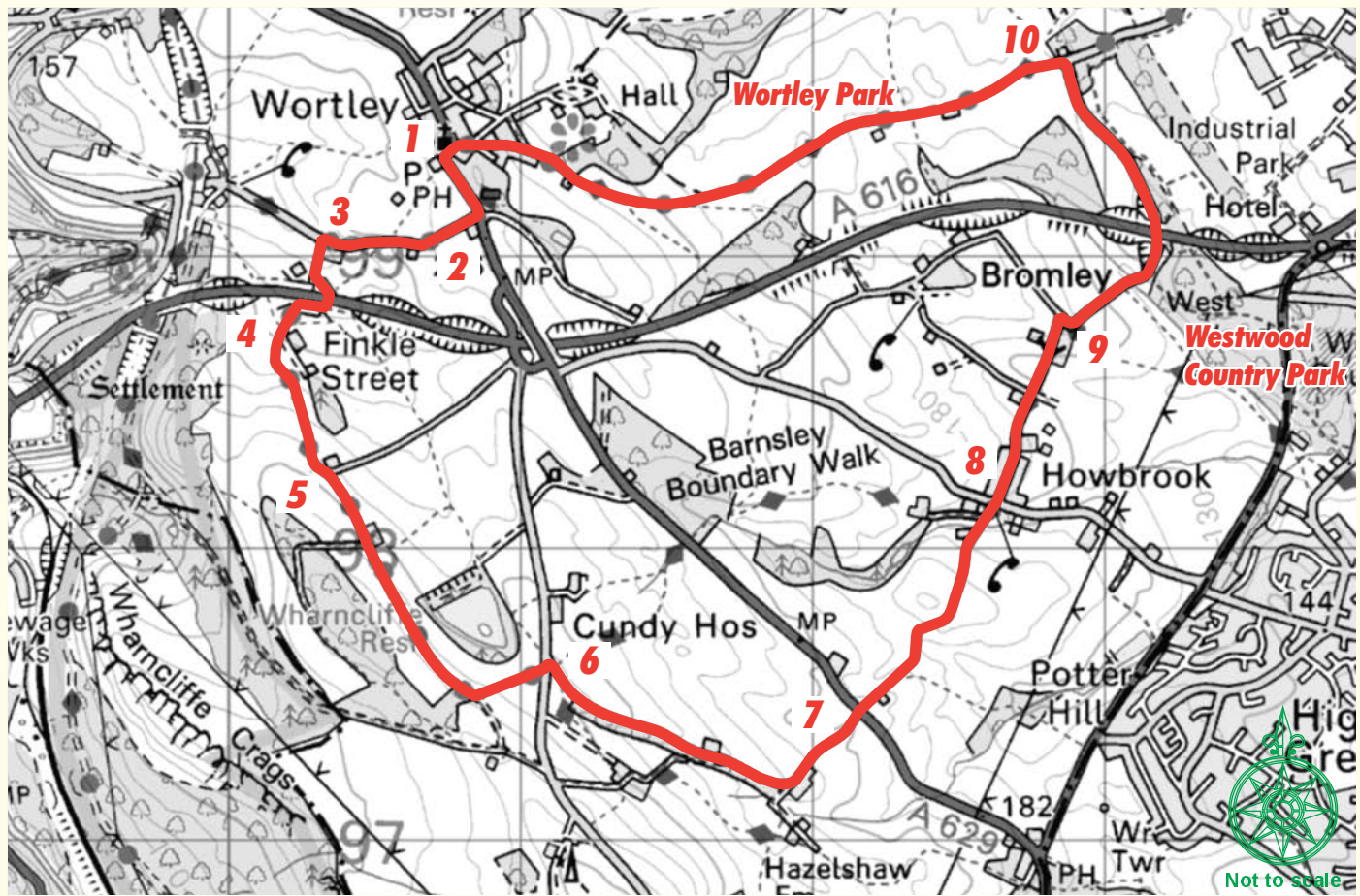
Time: Allow yourself 60-70 mins.



St.Leonard's Church, Wortley

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For further information please contact BMBC Planning and Transportation Service on 01226 772655.

1 Start opposite St.Leonard's Church in Wortley Village turning left on to the A629 to Finkle Street Lane. **2** Turn right (with care) down the hill. **3** Immediately after Sycamore Farm, turn left on to the bridleway. **4** Go under the A616 Stocksbridge Bypass road, turn right immediately, then follow the bridleway uphill and through the gate to Moor End Farm. **5** Straight on, through farmyard, along the track then bear left at the junction to Woodhead Road. **6** Left then right on Bank Lane (*see old milestone on banking on left side and base of Cundy Cross on the right*) and down to the A629. **7** Cross the road (with care) on to Berry Lane which leads to Howbrook. **8** Cross Howbrook Lane (*see Victorian post box in wall*) on to Carr Head Road to the second junction at Carr House Farm. **9** Turn right on to Storrs Lane, down hill under the A616 Stocksbridge Bypass road and up Westwood Lane to the entrance lodge to Wortley Park. **10** Left through the gateway following the bridleway through Wortley Park and back to the start of your ride.



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