DESIGN & ACCESS STATEMENT

Background

The site is as shown on the submitted documents.
The Garden Room as proposed is for the exclusive use by Barnsley Health Hearts Patients and visitors.

Barnsley Healthy Hearts is the online home of The Barnsley Long Term Exercise (LTE) Heart Support Group.

It was initially set up over 10 years ago to help support heart patients and their carers by providing exercise sessions which were specifically designed for older patients who had medical problems which prevented or limited them from attending normal sessions in Leisure Centres.

Conditions such as Heart Disease, COPD, Arthritis, Diabetes etc, with their debilitating problems required specific exercise programmes and monitoring.

The sessions continue to provide long term exercise facilities for those people who have heart or respiratory disease and have attended a NHS exercise rehabilitation programme. However with the high incidence of heart disease and associated problems, the Organization is becoming more proactive in providing exercise facilities for those wishing to *prevent* heart disease and promote a more active and healthy lifestyle.

Membership has grown and more people who are wishing to maintain their health and their independence have become members. T

The group provides a supportive context, often within family groups with younger members encouraging their parents to embrace a healthier lifestyle.

The group has a strong community ethos and actively promote social activities for members providing friendship, a place to meet, exercise, have a cup of tea and a chat. Social Evenings, Coach Trips and Christmas Dinner & Dance are always well attended.

The exercise space is becoming congested, and the purpose of the Garden Room is to provide a separate communal space for relaxation and social exchanges away from the main exercise areas.

The Site

The site is situated at the rear of 116-118 Midland Road with direct access from the main highway.

There are several existing single storey buildings on the site.

The majority of the site is hard-surfaced.

However the area to the south of the proposed Garden Room is attractively landscaped with lawns, pathways and planting.

Summary

The principle of the use of the site has been established

The proposals are for a low-level detached building with architectural features to reflect the local vernacular. A flat roof has been selected to reduce, as far as possible, any potential for overshadowing or loss of outlook from nearby residential properties.

The access will remain as existing and there is not expected to be additional traffic generated by the proposal. Parking will remain unaffected.

Bin storage provision is existing with no additional capacity anticipated.

Surface water drainage will be to existing.

Foul drainage is not required.